

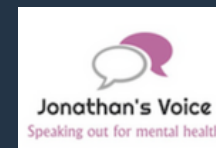
# See What I'm Saying?

We are interested in understanding what different emotions mean to different people. We hope to create an online gallery of images.

Please use the space on the reverse of this postcard to share what a particular emotion means to you, and the space below to provide a brief description of your piece and the meaning behind it. It is up to you which emotion you choose, but please be sure to fill in the top of the card to let us know your choice.

Submissions can be posted to: See What I'm Saying? Self-Harm Research Group,  
School of Psychology, University of Nottingham, University Park, Nottingham, NG7 2RD, UK or e-mailed to  
[emma.nielsen@nottingham.ac.uk](mailto:emma.nielsen@nottingham.ac.uk)

A large, empty white rectangular area intended for participants to draw or write their responses to the survey question.



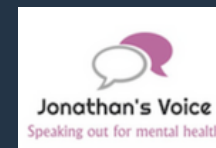
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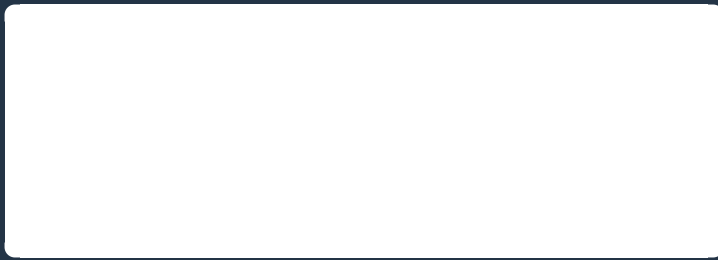
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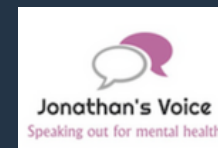
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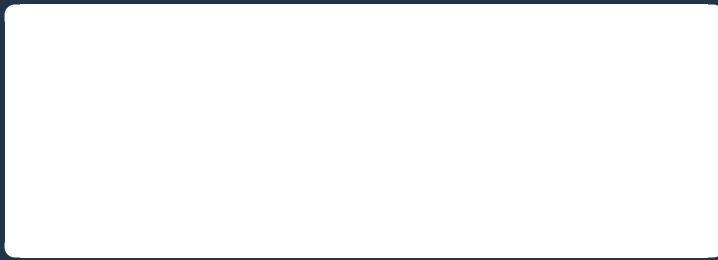
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